הנה מצמו ראשון לכל חלוםך ושתן לך חיתו...
הלך נבואר עינה ובנו בנו... ויראהอาทא לא אהי
чем היה כי לא ברוח ביו היא והיא יראת מצוה
לאלחו היא תוכל להראות לך מה שבל짊...

Parshas Hamann
HALACHICALLY SPEAKING

- Halachically Speaking is a monthly publication compiled by Rabbi Moishe Dovid Lebovits, a former chaver kollel of Yeshiva Torah Vodaath and a musmach of Harav Yisroel Belsky zt"l. Rabbi Lebovits currently works as the Rabbinical Administrator for the KOF-K Kosher Supervision.

- Each issue reviews a different area of contemporary halacha with an emphasis on practical applications of the principles discussed. Significant time is spent ensuring the inclusion of all relevant shittos on each topic, as well as the psak of Harav Yisroel Belsky, zt"l on current issues.

WHERE TO SEE HALACHICALLY SPEAKING

- Halachically Speaking is distributed to many shuls. It can be seen in Flatbush, Lakewood, Five Towns, Far Rockaway, and Queens, The Flatbush Jewish Journal, baltimorejewishlife.com, The Jewish Home, chazaq.org, and frumtoronto.com. It is sent via email to subscribers across the world.

To sponsor an issue please call 718-744-4360
There is a tefillah to recite the Parshas Hamann each day. Where did this custom come from? Do some oppose it? Is it recited on other days as well? There is another custom to recite it twice and once Targum (shnayim Mikra v’echad Targum) on the Tuesday of Parshas Beshalach.

The Source

The Shulchan Aruch\(^1\) says that it is good to recite the Parshas Hamann on a daily basis. Rabbeinu Bacheye\(^2\) says, “There is a kabbalah from our chachamim that if one says Parshas Hamann each day then it is guaranteed that he will not have a lack of mezonos (sustenance – parnassah).” Other versions state that, “I will be your guarantor...”\(^3\) Some quote the source from a Yerushalmi in Brachos,\(^4\) but others say that they cannot find this passage.\(^5\)

Reason

The Beis Yosef\(^6\) says that the purpose is to believe that all sustenance comes from Divine intervention. This is quoted by many poskim as well.\(^7\) An elaboration on this can be as follows: the Bnei Yisrael had nothing to eat in the midbar except for the mann. So too, we have nothing to eat without

---

2. Beshalach 16:16 page 60 (old print).
5. Me’asef L’chol Hamachanos 1:52.
Hashem giving us our food. This reinforces the *middah* of *bitachon*.8

The *Yafei Leleiv*9 says that there are 486 words in *Parshas Hamann*. *Pito* (*pei taf vav*, “his bread”) has the *gematria* of 486. This indicates that if one says *Parshas Hamann* each day, he will receive his bread from Hashem.

**Those Who Opposed It**

The Arizal did not say the *Parshas Hamann* in shul during *davening* but would say it at home while looking into a *Chumash*.10 Others do not say *Parshas Hamann* at all.11

The *Aruch Hashulchan*12 offers the following reason why the custom is not to recite *Parshas Hamann* with a *tzibbur*: In the *parshah* of the *mann* there are many complaints that the Jews had against Hashem. In addition, they complained about the *mann* itself.

**How to Say It**

The *Mishnah Berurah*13 says that one should not just say it, but should think about what he is saying and recognize the wonders of Hashem. There are other *tefillos* which some add to the *Parshas Hamann* as well.14

---

12. 1:24.
Until Where

One should say the parshah until “asiris ha’eifo hu.”

Ma’avir Sedrah (Shnayim Mikra V’echad Targum)

Although it would seem that one should recite Parshas Hamann each day, there are those who say that one should read it twice Mikra and once Targum. This is known as ma’avir sedrah.

Before or After Davening

There is a discussion in the poskim when to recite Parshas Hamann. There are some who maintain that Parshas Hamann should be recited before Shacharis. However, the custom is not like this. The Likutei Maharich explains that one should not daven for his own sustenance until after Shacharis. This is especially true for those who wish to add other tefillos at that time such as a yehi ratzon, etc. Others say it after Parshas Akeidah because the parshah of the Akeidah lessens the middas hadin which prevents parnassah.

Once a Week

Although we mentioned to recite Parshas Hamann each day, others say that reciting it once a week is also beneficial.

17. Refer to Me’asef L’chol Hamachanos 1:53.
20. See Sefer Chassidim 752.
Counting Towards Ma’avor Sedrah

An interesting question arises regarding Parshas Hamann, as follows: As mentioned above, some maintain that one should say Parshas Hamann shnayim Mikra v’echad Targum (ma’avor sedrah) each day. The question is whether this recital can be counted towards the obligation of being ma’avor sedrah the parshah of Beshalach. The poskim say it should not be counted.23

Saying It on Shabbos

We do not make personal requests on Shabbos. Nevertheless, some poskim permit the recital of Parshas Hamann on Shabbos24. It would seem that one should not recite the yehi ratzon on Shabbos.

At Night

There is a discussion in the poskim if Parshas Hamann can be recited at night. One should avoid it if possible.25

Reciting It on the Third Day (Tuesday) of Parshas Beshalach

As mentioned above, there is a time-honored custom to recite Parshas Hamann shnayim Mikra v’echad Targum on the third day of Parshas Beshalach. This is quoted as originating from Rav Mendel of Riminov zt”l.26

The Chasam Sofer27 writes that Tuesday and Wednesday are the best times to daven for sustenance, since Krias Yam

25. Refer to Birchei Yosef 1:13.
27. Toras Moshe page 28b (gad).
Suf occurred on those days. He says the miracle of the mann was just as great as Yetzias Mitzrayim and Krias Yam Suf.

CHAPTERS:
- Treating Mitzvah Objects with the Proper Respect
- Connecting Geulah to Tefillah
- The Recitation of Tachanun
- Halachos of Fish (in Orach Chaim)
- Kimcha D’Pischa
- Gebroks and Other Customs on Pesach
- Maror at the Pesach Seder
- Stealing the Afikoman
- Pesach Sheni
- Staying Up on Shavuos Night
- Eating Dairy on Shavuos
- Eating and Drinking before Hearing the Shofar
- Olives, Olive Oil and Chanukah
- Mentioning Haman’s Name
- Purim Costumes
- Drinking on Purim
- Bishul Akum - Select Halachos
- Keeping a Kosher Kitchen
- Avoiding Danger
- Utensils That Require Tevilah
- Business with Non-Jews on Their Holidays
- Happy Birthday
- Thanksgiving and Eating Turkey
- Using Secular Dates
- Hair Dyeing for Men
- Conflicts with Kibud Av V’Eim
- The Mitzvah of Bikur Cholim
- Burial in Eretz Yisrael
- Staying Healthy in Halachah
- All About Tehillim
- Opening a Competing Store

Also by the author:
וַיֹּאמֶר מֹשֶ֗ה בְּתֵ֣ת ה' לָכֶ֨ם בָּעֶ֜רֶב בָּשָׂ֣ר לֶאֱכֹ֗ל וְלֶ֤חֶם בַּבֹּ֙קֶר֙ לִשְׂבֹּ֔עַ בִּשְׁמֹ֤עַ ה' אֶת־תְּלֻנֹּ֣תֵיכֶ֔ם אֲשֶׁר־אַתֶּ֥ם מַלִּינִ֖ם עָלָ֑יו וְנַ֣חְנוּ מָ֔ה לֹא־עָלֵ֥ינוּ תְלֻנֹּתֵיכֶ֖ם כִּ֥י עַל־ה'׃ וַיֹּ֣אמֶר מֹשֶׁ֗ה בְּתֵ֣ת ה' לָכֶ֨ם בָּעֶ֜רֶב בָּשָׂ֣ר לֶאֱכֹ֗ל וְלֶ֤חֶם בַּבֹּ֙קֶר֙ לִשְׂבֹּ֔עַ בִּשְׁמֹ֤עַ ה' אֶת־תְּלֻנֹּ֣תֵיכֶ֔ם אֲשֶׁר־אַתֶּ֥ם מַלִּינִ֖ם עָלָ֑יו וְהֵכִ֖ינוּ אֵ֣ת אֲשֶׁר־יָבִ֑יאוּ וְהָיָ֣ה מִשְׁנֶ֔ה עַ֥ל אֲשֶֽׁר־יִלְקְט֖וּ יֹ֥ום ׀ יֹֽום׃ וְהָיָ֙ה בַּיֹּ֣ום הַשִּׁשִּׁ֔י וְהֵכִ֖ינוּ אֵ֣ת וַיְהִ֗י כְּדַבֵּ֤ר אַהֲרֹן֙ אֶל־כָּל־עֲדַ֣ת בְּנֵֽי־יִשְׂרָאֵ֔ל וַיִּפְנ֖וּ אֶל־הַמִּדְבָּ֑ר וְהִנֵּה כְּבֹ֣וד ה' נִרְאָ֖ה בֶּעָנָֽן׃ וַיְהִ֗י כְּדַבֵּ֤ר אַהֲרֹן֙ אֶל־כָּל־עֲדַ֣ת בְּנֵֽי־יִשְׂרָאֵ֔ל קִרְב֖וּ לִפְנֵ֣י ה' כִּ֣י שָׁמַ֔ע אֵ֖ת תְּלֻנֹּתֵיכֶֽם׃ וַיֹּ֤אמֶר מֹשֶׁה֙ אֶֽל־
וַיְהִי בַיּוָם הַשְּׁבִיעִי יָצָאוּ מִן הָעָם וַֽלֹּא־שָׁמְעُ אֶל־מֹשֶּה וַיֹּֽתוּרֵֽו בְּנֵי־יִשְׂרָאֵל וַיֹּאמְר֣וּ אִישׁ אֶל־אָחִיו מָּן ה֜וּא כִּי לֹ֥א יָדְע֖וּ מַה־ה֑וּא"

"וַיִּרְא֣וּ בְּנֵי־יִשְׂרָאֵ֗ל וַיֹּ֨אמְר֜וּ אִישׁ אֶל־אָחִיו מָ֣ן ה֔וּא כִּ֛י לֹ֥א יָדְע֖וּ מַה־ה֑וּא וַיֹּ֤אמֶר מֹשֶׁה֙ אִכְלֻ֣הוּ הַיּ֔ום כִּֽי־שַּׁבָּ֥ת הַיּוֹ֖ם לַה' הַיּוֹ֕ם לֹ֥א תִמְצָאֻ֖הוּ בַּשָּׂדֶֽה׃ וַיֹּ֤אמֶר מֹֽשֶׁה֙ אִכְלֻ֣הוּ הַיּ֔ום כִּֽי־שַּׁבָּ֥ת הַיּוֹ֖ם לַה' הַיּוֹ֕ם לֹ֥א תִמְצָאֻ֖הוּ"

"וַיַּנִּיחוּ אֹתֹו עַד־הַבֹּ֔קֶר כַּאֲשֶׁ֖ר צִוָּ֣ה מֹשֶׁ֑ה וְלֹ֣א הִבְאִ֔ישׁ לַהֲדָבָ֖ר אֲשֶׁ֣ר צִוָּה ה' לִקְט֣וּ מִמֶּ֔נּוּ אִ֖ישׁ לְפִ֣י אָכְלֹ֑ו עֹ֣מֶר לַגֻּלְגֹּ֗לֶת מִסְפַּר נַפְשֹׁ֣תֵיכֶ֔ם אִ֛ישׁ לַאֲשֶׁ֥ר בְּאָהֳלֹ֖ו לַחְמָא וְתִדְּעוּן אֲרֵי אֲנָא ה' אֱלָהָכוֹן: כְּגִיר כִּגְלִידָא עַל אַרְעָא: גְּבַר לְדִי בְמַשְּכָנָה תִּסְבּוּן: יִֽהְיֶה־בֹּֽו׃"
מִפְעָלֵינוּ וְקוֹצֶר חֲסָדֵינוּ וּמִזְעֵיר גְּמוּלוֹתֵינוּ וְיִהְיוּ מְזוֹנוֹת יַמְלוֹםִים וּמְזוֹנוֹת אַנְשֵׁי בֵיתִי וְזֶרַע זַרְעִי
לְכוֹ וְהָעֹ֔מֶר עֲשִׂרִ֥ית הָאֵיפָ֖ה הֽוּא׃

וַיֹּ֥אמֶר ה' אֶל־מֹשֶׁ֑ה עַד־אָ֙נָה֙ מֵֽאַנְתֶּ֔ם לִשְׁמֹ֥ר מִצְוֹתַ֖י וְתֹורֹתָֽי׃ וַיֹּ֥אמֶר לִפְנֵ֣י ה' לְמִשְׁמֶ֖רֶת לְדֹרֹתֵיכֶֽם׃ וַיֹּ֨אמֶר מֹשֶׁ֜ה אֶל־אַהֲרֹ֗ן קַ֚ח צִנְצֶ֣נֶת אַחַ֔ת וְתֶן־שָׁ֥מָּה מְלֹֽא־הָעֹ֖מֶר מָ֑ן לְמִשְׁמֶ֖רֶת לְדֹרֹתֵיכֶ֑ם לְמַ֣עַן יִרְא֣וּ אֶת־הַלֶּ֗חֶם אֲשֶׁ֨ר הֶאֱכַ֤לְתִּי אֶתְכֶם֙ בַּמִּדְבָּ֔ר בְּהֹוצִיאִ֥י אֶתְכֶ֖ם מֵאֶ֥רֶץ מִצְרָֽיִם׃

וַיֹּ֣אמֶר מֹשֶׁ֗ה צָרְכֵיהֶם שִׂמְלוֹתָם לא בָלְתָה מֵעֲלֵיהֶם כֵּן בְּרַחֲמֶיךָ הָרַבִּים וּבַחֲסָדֶיךָ הָעֲצוּמִים תְּזוּנֵנוּ וּתְפַרְנְסֵנוּ

רְא֗וּ כִּֽי־ה' נָתַ֣ן לָכֶ֣ם הַשַּׁבָּת֒ עַל־כֵּ֠ן ה֣וּא נֹתֵ֥ן לָכֶ֛ם בַּיֹּ֥ום הַשִּׁשִּׁ֖י לֶ֣חֶם יֹומָ֑יִם שְׁב֣וּ ׀ אִ֣ישׁ תַּחְתָּוּ אַל־יֵ֥צֵא אִ֛ישׁ מִמְּקֹמֹ֖ו בַּיֹּ֥ום הַשְּׁבִיעִֽי׃ רְא֗וּ כִּֽי־ה' נָתַ֣ן לָכֶ֣ם הַשַּׁבָּת֒ עַל־כֵּ֠ן ה֣וּא נֹתֵ֥ן לָכֶ֛ם בַּיֹּ֥ום הַשִּׁשִּׁ֖י לֶ֣חֶם יֹומָ֑יִם שְׁב֣וּ ׀ אִ֣ישׁ תַּחְתָּוּ אַל־יֵ֥צֵא אִ֛ישׁ מִמְּקֹמֹ֖ו בַּיֹּ֥ום הַשְּׁבִיעִֽי׃

וַיַּנִּיחֵ֧הוּ אַהֲרֹ֛ן לִפְנֵ֥י הָעֵדֻ֖ת לְמִשְׁמָֽרֶת׃

אֲשֶׁר בָּהֶם וְאַתָּה מְחַיֶּה אֶת כֻּלָּם וְאַתָּה הוּא שֶׁעָשִׂיתָ נִסִּים וְנִפְלָאוֹת גְּדוֹלוֹת תָּמִיד עִם אֲבוֹתֵינוּ
Q&A on Honesty

IN PREPARATION

Includes in-depth articles on Honesty in a Days Work, Geneivas Daas, and Borrowing an Object Without Permission

From Harav Yisroel Belsky zt"l

Rabbi Moishe Dovid Lebovits
EXCITING NEWS!

Cakes, Cookies, Muffins, Pastries and Croissants at BJ’s Bakery are now KOF-K Kosher Certified

A large variety of pre-packaged kosher pareve products are available in our bakery

Kosher pre-packaged Chicken, Meat, Cheese and Appetizers available in Kosher Clubs!!

Look for over 100 Kosher Certified Wellsley Farms items throughout the store

Any questions please call
Rabbi Moishe Lebovits
Rabbinical Administrator KOF-K Kosher Supervision
at 718-744-4360 • email: mlebovits@kof-k.org

2017 BJ’s Wholesale Club, Inc.